



25th Anniversary

ALPS News

ASSOCIATION OF LYCEUM PAST STUDENTS | GHAQDA EX-STUDENTI LICEO

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FROM THE ALPS PRESIDENT'S DESK

What's new in 2019?

Let us be Facing the Future not with fear but with Determination and Optimism.

New years, bring new optimism, and we have especially good reason to be optimistic this New Year. 2019 is ALPS's 25th anniversary as an Association. And when we look back at how the association has grown since we started, it is amazing to see the improvements in membership and growth in so many newer ideas that are put into practice for innovation and an ever-increased focus on seeing that what comes in front of you dear members and friends of ALPS is always to your liking. Way back to when ALPS came into existence, we had some hard times in the very beginning. The recruitment of new members and selling the idea of a LYCEUM Old Boys Association was no easy task. One remembers the hard work put into the preparations and the drafting of a statute by our founder President Dr. Guido Saliba. He was a lawyer and he wanted things done in a very proper manner.

The Association of Lyceum Past Students came into being in March of 1994. It was one of the dreams that Guido used to write about, when he filled a column in a local Sunday newspaper and translated what had come into his mind over that particular week. Readership

was on the increase and the idea of people syphoning each article week after week, suddenly stumbled on an idea to the formation of an old boys association of the much respected Lyceum. The school was at its very best, seeing the brightest of minds qualifying and entering into tertiary education which many times was ending with a university diploma or degree. When ALPS was in its infancy, not many of the Liceo past students had ever thought of joining as members. The name itself was specially chosen so that whoever was joining would not be feeling old. Instead, Dr Saliba had the idea of creating a name that took away the stigma of old age but rather the feeling of a still young at heart "Past Student". I still recall that although I was one of the early members who have joined ALPS, I was not really taking a very active part in those early days because of a heavy work commitment. A few years later however, I made it a point to start attending for the annual general meeting and it was exactly from there, that I was getting nostalgic feelings to be even more active in such an association. Little did I think at the time, that founder president Dr. Guido Saliba, was already thinking of having an understudy who would carry on after he left us. One activity after another and building

more and more confidence had seen the council of administration of ALPS in need of new recruits. I remember Guido approaching me and asking if I would join and be of some help when needed. In the meantime, I had already started to give a helping hand to a council member at the time, who was in charge of the Social aspect of ALPS. The connections I had within the hospitality industry soon brought me face to face with people whom I had known in such trade. I wanted the best deals for social gatherings and of course at the best prices that could be accessible to everybody. One function after another and this soon brought me to have a role that would negotiate a very good deal when members could enjoy their social occasions together with their spouses and friends who have always been most welcome to join. The numbers started to increase and with the arrival of the year 2000, a large function was organized at The Radisson Baypoint hotel when a sizeable crowd gathered to celebrate with ALPS the start of a new century. From there onwards, we never looked back and the membership continued to stay on the increase. It looks like the 1000 mark may soon be attained. It is true that over the years ALPS loses a few members but it is also encouraging to note,



that it gains new faces who, out of a recommendation from one of its existing members or friends, they feel that they want to come on board.

You are very well aware that, all that is presented to you by The Association of Lyceum Past Students comes from the heart of a most enthusiastic council of administration who are helping me to maintain a steady growth. We strive for improvement and most of the time we manage to deliver the best opportunities that can see happy faces of members and their guests truly enjoying everything that we present. The feedback that reaches our ears after an event brings joy to us, knowing that our hard work is starting to be appreciated in many ways. We listen to your suggestions and we try our best to implement any new ideas that can see a change in the manner how we are organizing for you the events. I have said it before and I repeat one more time, we are not perfect yet, but we want to get there someday.

Continued on page 3



ALPS Christmas Dinner & Weekend was a great success in Dec 2018

The last event organized by ALPS for the year 2018, proved to be one of the greatest events with a very large participation. The Radisson Resort came alive with the overnight occupation of over 140 guest-rooms, and have given life to this magnificent venue, that we have again chosen for our members and friends to spend a weekend of true relaxation in style. The number of people who filled the grand ballroom has also surpassed our past records. The ALPS President addressed the gathering and expounded on the many occasions that have been prepared during the last year. He also mentioned the 25th Anniversary Celebrations that shall be held in 2019. It marks a very special milestone in the history of 'Ghaqda Ex-Studenti Liceo' and everyone is invited to take part. We had a good number of raffle prizes at dinner, amongst which there were 2 special gifts donated by the firm SMS Mondial, which consisted of travel vouchers that can be exchanged against any travel arrangements during this current year. Other prizes such as week-end stay and Sunday lunches given to ALPS by the



Radisson Resort have also been raffled, together with a good number of other hampers that have made a number of dinner guests to leave the ballroom carrying their much-treasured winnings. Such occasions fill us with great joy when we see our members and their families and friends take an active part when they come and spend some

quality time with us. Having a public holiday fall on a Saturday, The Feast of the Immaculate Conception, we invited Fr. William Bartolo to come and celebrate Holy Mass inside the Hotel. The same was repeated on the following day Sunday. When the ALPS guests were leaving the Radisson, many were those who have approached

ALPS council members and congratulated us for another, well organized weekend. A number of photos were taken that you may now access and watch in the comfort of your home on computer, from the Photo gallery of the ALPS web-site www.alpsmalta.com Some pictures are even included on the inside cover of this newsletter.

The ALPS Annual General Meeting For 2019

The ALPS - Annual General Meeting is to be held on the 22nd February 2019 at 18.00 hrs. It shall be held in the boardroom at the Lyceum Hamrun. This year, you are being requested to elect a new President, whose present term in office shall be ending in March 2019. You will also be asked to elect seven other new Council Members for another period of one year. We say thanks, to all those who have served over the past 12 months. The valuable contribution given by the outgoing Council Members has been of great assistance over the past year. We now look forward to having another hard working council who will form the new council of administration of ALPS and, together with a newly

elected President, they are going to be leading the Association of Lyceum Past Students during the year, when a 25th ANNIVERSARY is being celebrated. Messrs. Griffiths and Associates shall be asked, to once again look after and audit the ALPS books for the coming year. This year's accounts will be presented during the same AGM. Your participation therefore, will be very much appreciated. We kindly ask you to complete, sign and return the attached nomination form/s with choice of candidates. The completed form/s must reach Secretary General not later than Friday the 15th February 2019. Your continued cooperation will oblige.

Continued from page 1

This year is our 25th Anniversary from foundation day in March of 1994. We have come a long way and what is being prepared for our members and friends during the coming months of this year, will surely be pleasing to you. This may enable you to come and take part and bring with you family members and friends too. On the 19th day of March 2019, we wish to occupy every chair at St John's Co-Cathedral Valletta for a foundation day ceremony with Thanksgiving Mass to be concelebrated by His Eminence Cardinal Prospero Grech together with other Liceo past students who have chosen priesthood. There shall be a number of dignitaries invited for this great occasion to mark our first 25 years. Do not miss this unique and historic opportunity to celebrate with ALPS. I always like to say that we are champions in organising the best of events for our members and friends. We are preparing a special almanac with different events that will all happen in the year 2019. Be

proud to have attended the LYCEUM in your younger days. Do please encourage other schoolmates to come along and savor from one or even more of the special events that are in the pipeline. Many of us will not be here for another 25th anniversary (when ALPS turns 50) ... Thank you, Lyceum Past Students, for kicking off our Foundation Celebration event with Holy Mass and reception on the 19th March 2019 with such resounding support for ALPS. We too are optimistic, that 2019 shall be the best year yet, and quite likely one of the most challenging. As your President and together with my fellow council members, I look forward to working with you to continue to build the best possible future for The Association of Lyceum Past Students.

I thank you and augur the best of health and happiness to each and every one of you in the new year 2019 just started.

Very sincerely

George dei Conti Stagno Navarra

Reporting from the Pwales Chapel

The PWALES CHAPEL came alive with the celebration of Holy Mass on the 13th day of December 2018. It was the last occasion of the year for ALPS members and friends to congregate at this small chapel in the countryside and sing Christmas carols for the occasion. A sizeable number of members and their families and friends turned up at Pwales on this bright and sunny morning. Benches were full and the people spilled onto the outdoor parvis listening to Fr. William's sweet little thought for the day. Festive greetings were exchanged with

everyone there present, when tea and coffee, biscuits and cakes were served, before the chapel was closed.

It is worth noting that for this event, we have had two new gifts that are donated to ALPS. The first item is a set of altar vestments donated by Mr. Joseph and Mrs. Pauline Buttigieg. These vestments were specially hand-stitched by Sister Daniela Fardell from the Cloistered Monastery of St Ursula - Valletta. Another nice gift made to ALPS, is a fully refurbished set of 6 Altar Candlesticks that have been commissioned by a donor who

wishes to remain anonymous. She has felt the need to restore to their original splendor the candlesticks. An ex-Council member of ALPS namely Tony Aquilina has added to the value of the candlesticks by fitting them with flicking flame lighting on each one. Such news is worth noting especially when such donations are spontaneously made to ALPS, by persons who feel they should contribute towards the Association of Lyceum Past Students.

Let Peace and Happiness be in the heart of all ALPS members and friends.

Pictures and Statues inside & Outside Pwales Chapel under the care of ALPS

The Pictures present in the Chapel

At the Pwales Chapel that has been entrusted to the care of ALPS, there are two interesting holy pictures and two statues inside and outside the chapel that deserve a good description.

The First Picture

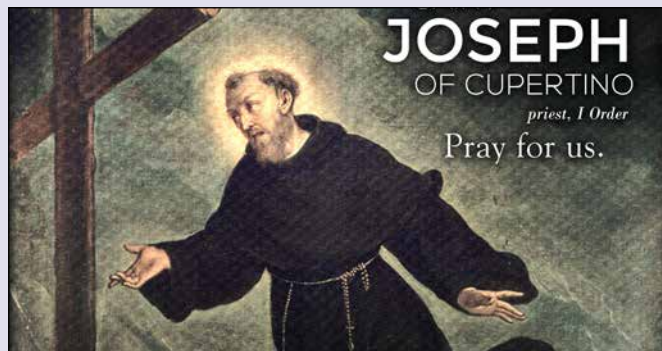
It depicts St Joseph of Cupertino, known to all students as the preferred saint to call for assistance when preparing for examinations.

St Joseph of Cupertino (a brief life story)

In 1603 this boy was born to a widowed mother in a stable in the village of Cupertino, Apulia province of Naples. The relatives of his father had taken possession of the family house and sent off the widow to beg in the streets. During his upbringing he was considered an idiot and frequently chided for his lack of attention, for breaking utensils and for a general apathy.

Joseph's mother insisted with one of her brothers to employ Joseph as his apprentice in the shoe making business he ran hoping that her son would learn a profitable trade. But the boy was more attracted to prayer and a religious life than to the trade. He used to abscond from the shop to visit the Blessed Sacrament in a nearby chapel.

He felt drawn to a religious life and asked to be admitted to the Cupertino Capuchin friary. He was assigned duties in the refectory of the convent preparing food



for the friars. By nature a clumsy person his apprenticeship had to be terminated as he broke a considerable number of plates and the irate cook sent him off to the Rector and insisted that he will not return to the kitchen any more.

Joseph was told by the Rector to stop attending at the convent but undeterred he went over to another convent in the vicinity, that of the Conventual friars, and asked to be admitted as a lay brother. The kind Provincial felt compassion on this applicant and accepted him.

The Provincial noticed that when not at work Joseph prayed intensely in front of the Blessed Sacrament. During prayer his face was transformed into such an extremity of joy that it shone out with a particular light. He noticed that this rough lay brother was destined to sainthood and from that moment instructed him to start studying for the priesthood.

Ever obedient Joseph agreed but his fame as a laggard student met with initial disapproval of the instructor. He studied hard but remembered only a few pages of the books he had to

study and surprisingly did well in examinations. Through inspiration he seemed to anticipate the exam questions, studied them well and satisfied his examiners.

Ordained a friar and given the power to confess he attracted a considerable audience at Holy Mass and a large number of penitents at his confessional. When he said Holy Mass he used to enter into a state of ecstasy, forgetting time and place and the Holy Mass he said lasted about an hour. In addition during Holy Mass he was observed to levitate, rising a few meters off the ground and then slowly come down to earth.

Once when preaching in front of a crowd he was so taken up by the devotion that he flew off a stone balcony and to the amazement of all bystanders landed safely back. The people were amazed at the mystic power of this friar that caused him to levitate!

He was greatly loved for his gentle manners in the confessional as well as because through his intercession with God many were healed from their illness.



Calendar of Activities at St. Anna Chapel Pwales

January 19th	1630hrs
<i>Thanks giving - end of the 2018 administration</i>	
February 23rd	1630hrs
March 30th	1700hrs
April 27th	1700hrs
May 25th	1700hrs
<i>Celebrating the Feast San Gorg Preca - ALPS Prom Saint</i>	
June 22nd	1700hrs
July 6th	1900hrs
<i>Celebrating the Feast Sant Anna</i>	
August	no activities
September	no activities
October 19th	16.30hrs
November 23rd	1630hrs
Remembrance day	
December 13th	1100hrs
<i>Christmas Mass with carols</i>	

PLEASE ENTER THESE DATES IN YOUR DIARY

It is reported that the Holy Inquisition at that time a very powerful and forceful institution wanted to examine him so as to make sure that both the ecstasy and the mysticism were not the result of the devil's work but the result of a deep faith in God. He was cleared of these charges and the judges themselves became his penitents. He lived a good life and aged sixty God called him on the eighteenth September 1663 to enter eternal life.

His fame as a saint had spread far and wide and people flocked to pray at his grave, so that Pope Benedict X1V beatified him in 1753 and fourteen years later Pope Clement X11 declared him a saint. Later on he was declared the patron saint of students and of aviators

*Written by: Dr. Nazzareno Azzopardi MD., MA., FFARCS, LP,
This write-up is to be continued in a future ALPS newsletter*

ALPS Almanac of Events 2019

- Valentine event at Radisson Golden Sands Resort 8-10th. February 2019 special dinner in grand ball room - Saturday 9th February at 19.30hrs. Find menu & accommodation packages in newsletter.
- 25th ALPS Annual General meeting **Friday 22nd February 2019 at 18:00hrs** in board room -Lyceum Hamrun. Election of president for 3 years and of 7 council members whose term runs out in March this year.
- 25th Anniversary Foundation Day of ALPS on 19th March 2019 open invitation to all Lyceum past students ALPS members & friends Holy Mass at St. John's Co-Cathedral at 18.00hrs - concelebrated by His Eminence Cardinal Prospero Grech and other bishops & priests who were all Ex Lyceum students. A reception will afterwards be held at the old Lyceum premises (l-Universita antika) entrance from Merchant Str. -Valletta. Transport by mini buses to be provided from near Phoenicia Hotel to Valletta (nearest to) St. John's Co Cathedral. After the reception same shuttle mini-bus from (backdoor) the Old Lyceum St Paul's Str Valletta. Will start from 20.30hrs. The event is expected to last up to 22.00hrs.
- Annual Manresa retreat 10th to 12th May 2019. Booking with payment (first come first served basis)
- The ALPS annual cultural tour to the island of Gozo on Saturday 15th June 2019 (transport & lunch included). Details to be published in our next edition of ALPS newsletter
- Feast of St Anne celebrated at Pwales chapel on Saturday 6th July 2019 Holy Mass at 19.00hrs. This shall be followed by light refreshments on the church parvis for all who shall attend
- The ALPS Summer BBQ at Radisson Golden Sands Ghajn Tuffieha - Saturday 13th July 2019 starting at 19:30hrs.
- Holiday cruise for ALPS members and friends on Mein Schiff Hertz (All-inclusive) from 23rd -30th September 2019
- A mid November ALPS cultural tour (Details to be announced later on)
- Annual weekend at Radisson Golden Sands Ghajn Tuffieha from 6th to 8th December 2019. Christmas gala dinner at the grand ball room. This shall be the closing of the ALPS 25th Anniversary celebrations on Saturday 7th December at the Radisson Golden Sands. All adult participants at the Gala Dinner will be presented with a souvenir to commemorate the ALPS 25th Anniversary celebrations. (1994 - 2019)
- Holy Mass with Christmas Carols on Friday 13th December at Pwales Chapel at 11:00 Hrs

All the above listed dates to be recorded in your diary for attendance to each event if possible



A Reminder for Payment of ALPS Subscription

Another year has just started. This is the 25th Anniversary from foundation date of ALPS. You all form part of this dynamic association of LYCEUM past students and you want to remain an active member. We therefore kindly ask you to write a cheque and settle your subscription. This will enable us to pay our dues during the current year. There are many things in the pipeline that will for sure be to your satisfaction. Starting with the Foundation Day celebration with Holy Mass at St John's Co-Cathedral and followed by a reception at the Old Liceo Valletta, this Association will be paying all costs for such a memorable and prestigious occasion. We need your small renewal subscription each year to keep us going. Your cooperation will oblige. And for those who may have overlooked last years' renewal, do please send to us

soonest the full amount that is due. Our Honorary Treasurer confirms that there are still a few ALPS members and friends of the association who need to effect a payment for the long overdue renewal/s of their membership in ALPS. Please forward soonest in order to regularize your position.

One-year subscription remains @ €12.00 per annum.

Life Membership Fee remains @ €70.00 once only remittance for life

The Friends of the ALPS pay @ €10 only per annum.

Payments can be addressed to:
Mr. David Abela.,

**The Hon. Treasurer, ALPS
Juniper, Gianni Vella Street
Tal-Qattus B'Kara BKR 4263
Tel: 2148 7693**

Mob: 9902 0845

We thank you for the continued support with a payment of your pending renewal.

ALPS Webpage

Do remember to look us up at www.alpsmalta.com. We welcome your feedback and suggestions on how or whether you wish to see changes in the format. If so, please write to us at: alpsmalta@gmail.com. Our website had several visits from visitors residing in 10 countries including Malta. The result is that ALPS is receiving a very wide advertising exposure which is totally free of charge. This table shows the statistics for period Jan 1, 2018 – Dec 31, 2018.

VISITS AND AVERAGE DURATION BY COUNTRY

COUNTRY	SESSIONS	AVG DURATION (MINS)
Malta	824	03:04
Australia	130	00:50
USA	101	00:51
UK	61	01:34
Canada	34	02:36
Italy	21	00:49
Germany	19	00:48
India	11	00:01
France	9	02:13
Switzerland	6	03:49

Moreover, it is our wish that you help us to build a library of photos both of Old Lyceum Events as well as Students. We are pleased to mention that this gallery is growing with new additions as soon as you make them available to us. Ideally this gallery would include group photos with the names of those in the photo and the date of the event. Scan your photos and send them as an email attachment to: josephdhtg@gmail.com. Helping us in building the section named: COLLEAGUES OF OLD would ensure that we have a permanent record of historic events of our school. Thank you for your co-operation.

Written by: Joseph D Buttigieg

To All Those Who Have a Change of E-Mail Address:

If you have in the recent past weeks changed your e-mail address, would you be so kind to inform us, so that we may update our data base. This is necessary for all messages that are issued from time to time, to reach each member and friend of ALPS. Your full cooperation will be greatly appreciated. We therefore, ask you

to send a one-line message to council member Oscar Galea on: oscgalea457@gmail.com. In case of difficulty to connect, please feel free to call his land-line telephone number is 2189 6293; mobile: 7989 6293. We thank you for your best attention to this important matter, by helping your association be more up-to-date with its records

We prepare for the ALPS Valentine Weekend

Bookings are open and many have already submitted payment for this yearly event. It is now customary for **The Association of Lyceum Past Students**, to organize for its members and their spouses, a once a year occasion when we may spend a week-end of relaxation at a beautiful resort and pampering our better halves. After all it is celebrating St Valentine's feast and this brings back memories from our youthful years when we have met and decided to spend a life together. Many are those who seem to feel young again with the arrival of this yearly event. One is never too old to celebrate with wife or partner and, perhaps inviting family and friends to also come along and celebrate with ALPS. We want this year's get



- together, to be a special occasion when we can mix with other members and friends of ALPS and take back some good memories from a full week-end of happiness and relaxation. As already notified, bookings are now open and for those of you who are still thinking about it, there is a booking form

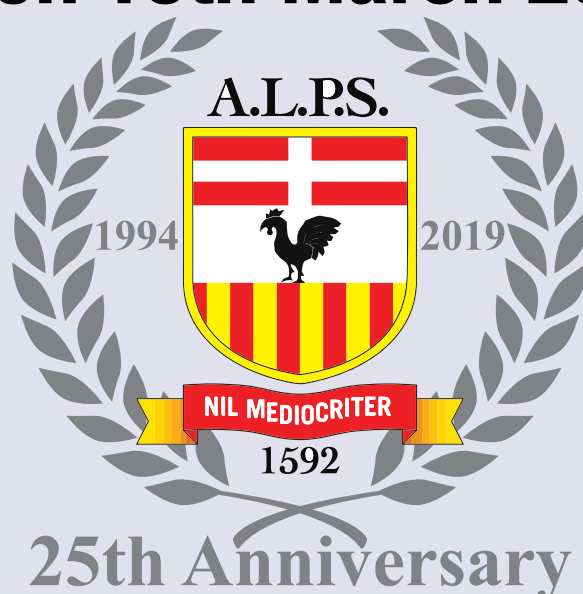
attached with this newsletter awaiting you to complete, sign and return with payment to Secretary General who coordinates all bookings for dinner and overnight stay at The Radisson Golden Sands Resort Ghajn Tuffieha. The Valentine dinner shall be held inside the grand ballroom on 9th February

2019. Time shall be 19.30 starting with welcome drink and seating by 20.00 hrs. A very interesting menu has been prepared for this occasion and we are showing it to you, to start thinking and tasting from the good food that shall await you at a nice resort, where we have again negotiated very attractive packages that may be to everyone's satisfaction.

Place your bookings as early as possible by sending the completed booking form with payment to: Secretary General Alex Borg – Alson no: 82, Naxxar Road San Gwann SGN 9032 / tel: 9988 8579 or 2138 6812 / e-mail: alpsmalta@gmail.com (*Function will start with welcome drink from 19.30 hrs /dinner seating expected to be around 20.00 hrs.*)

The Alps Foundation Day Celebration to be held on 19th March 2019

The ALPS 25th Anniversary celebration at St John's Co Cathedral, is to be celebrated on the 19th March 2019. Holy Mass shall be in the evening at 18.00 hrs. by His Eminence Cardinal Prospero Grech who was himself a LICEO past student and very much likes ALPS. Other concelebrants with the Cardinal shall be His Grace Archbishop Emeritus Pawl Cremona. We are hoping, that a number of other priests from different Parishes and Religious orders who were also Lyceum students in their youth, can become interested to once in their lifetime, concelebrate Holy Mass with a Cardinal. The association will soon issue invitations to all who will send us their application form, in order to have a seat in the Cathedral for this special occasion. It is an opportunity when we can have a Cardinal who will concelebrate Holy Mass for such a unique date in our association. We are hoping to have every chair occupied on the 19th March 2019. Your participation will honor us if you may wish to join for the celebration of Holy Mass and



afterwards for a reception at The Old Liceo in Merchants street Valletta. It is literally within a short walking distance from the Cathedral. **There are no fees to be paid for this 25th Anniversary / Foundation day celebration.** Of course, all donations are welcome that may go towards reducing the cost of organizing this special day for you. Shuttle mini bus service is also being provided from near the

parking area by Phoenicia Hotel between 17.00 hrs. and 18.00 hrs. into Valletta. Police permits have not as yet disclosed the route that may be taken for alighting passengers from the mini-bus, nearest to St. John's Cathedral. This will be announced on the day by the driver. The return shuttle transport is also being looked after on your behalf, from St Paul's Street Valletta after the reception. The service

will operate from 20.30hrs onwards to take you back to the parking area near the Phoenicia after the reception. It is expected, that the reception itself will last not later than 22.00 hrs.

The **ASSOCIATION OF LYCEUM PAST STUDENTS** very much holds every one of its members at heart. Celebrating a 25th ANNIVERSARY is something to look forward to with great enthusiasm. Many of us will not be here for a 50th anniversary in 2044. Therefore, you must make it a point to come along and share with us the happiness that our association knows how to prepare for you, on such a unique occasion. You may tell as many as possible Liceo schoolmates, even if they are not members in ALPS. They can phone to ALPS Secretary General - Alex Borg, (tel: 9988 8579 or send an e-mail: alpsmalta@gmail.com. Note will be taken of their intention to attend and an invitation card can be posted to their address and must be presented to enter the reception on 19th March. Entrance to the Co-Cathedral is of course open for everybody.



25th Anniversary

ALPS Valentine's Dinner

Saturday 9th February 2019

Radisson Golden Sands

Welcome Drink

Chicken and mushroom terrine
With petit salad and sweet corn salsa

Plated Pasta

Prawn and asparagus risotto
From the soup kettle
Sweet potato and leek soup

Carvery

Roast beef with thyme jus

From the Hot Counter

Grilled swordfish, lemon and caper dressing

Butter chicken

Pork masala

Accompaniments

Broccoli and stilton tart

Steamed rice

Bouquetiere of vegetables

Roasted new potatoes

Natural salads: rucola, lettuce, tomatoes, cucumber

On a sweeter note

Caramelized white chocolate with red fruit jam, pecan tart,
zabaglione ice-cream
Fresh Brewed Coffee

Beverages Included

2 glasses of local wine & water



ALPS Valentine's Weekend

8th - 10th February 2019

2 Nights for 2 Persons Including: Dinner On Friday 8th Feb, Breakfast & Valentine's Dinner on 9th Feb and Breakfast on 10th Feb **€260.00**

2 Nights for 1 Person Including: Dinner On Friday 8th Feb, Breakfast & Valentine's Dinner on 9th Feb and Breakfast on 10th Feb **€190.00**

1 Night Stay for 2 Persons including Valentine's Dinner on Sat 9th Feb & B'fast on 10th Feb **€160.00**

1 Night Stay for 1 Person including Valentine's Dinner on Sat 9th Feb & B'fast on 10th Feb **€115.00**

Additional rate for 3rd person joining for 2 nights HB including Saturday Valentine's Dinner 9th Feb **€120**

Additional rate for 3rd person joining for 1 night HB including Saturday Valentine's Dinner 9th Feb **€75**

Children 0 -12 sharing with Parents supplement **FREE**

Children 12-17 sharing with Parents supplement (per day) **€35**

Valentine's Dinner only on 9th Feb - Adults (not staying in house) **€36**

Valentine's Dinner only on 9th Feb - Children (not staying in house) **€16**

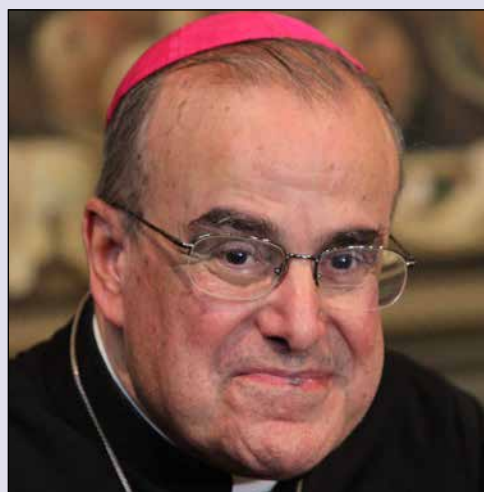
Sunday Buffet Lunch on 10th Feb **€35**

Welcome drink from 19.30hrs and Dinner seating from 20.00hrs

Special Events for two ALPS Members

It has recently come to our knowledge, that two Maltese Bishops, will this year be celebrating a 50th Anniversary of their priesthood. This is indeed a very special occasion and we take this opportunity to extend to each of them, our sincere congratulations for having dedicated their lives to be of spiritual service to the Catholic Community in Malta and in Albania:

Archbishop Emeritus Mons. Pawl Cremona OP celebrates with Holy Mass at The Dominican church Rabat Malta on the 24th March 2019. All those past students who may have at some time during their Liceo Studies shared a class with Mons. P Cremona, are encouraged to attend for such a great event and be closer to their Lyceum colleague, today a Bishop



Emeritus. (Mons. Cremona is also celebrating his 73rd birthday on the 25th January this year and we wish him **"AD MULTOS ANNOS"**

Archbishop Mons George Frendo, will also be celebrating



his 50th Anniversary since he became a priest, with Holy Mass to be held in Tirana, Albania on the 7th April 2019. Distance may not permit for any of us to be there present, but we can on that particular day, say a small prayer

for the intention of our Liceo colleague His Grace Archbishop Mons George Frendo...

Congratulations and wishing them best of health & happiness

Another Food Bank Appeal

The appeal that we have circulated to our readers in the last issue of ALPS Newsletter, did not yield much response. We are sure, that after the Festive Season you may now have a change of heart and decide to donate food items (*non-perishable*) or perhaps a cash donation that may go towards a very worthy cause. Written articles have recently appeared in the local newspapers, asking people to be generous and to give that little something, to help those in need. As we have written to you in our article presented in Volume 18 no: 3, Nov 2018, ALPS wants, to assist the FOOD BANK by appealing to its members and friends for assistance. Your kind hearts will therefore heed this second request and let us have something that we can donate for a very good cause. Extending a helping hand to the Valletta Food Bank which risks closure, will be greatly appreciated as supplies may dry out. The majority, who will benefit from such a food bank, are Maltese



families who can be having financial difficulties. The food bank is situated in Old Bakery Street Valletta and is run by Rev. Kim Hurst of the St Andrews Scots Church.

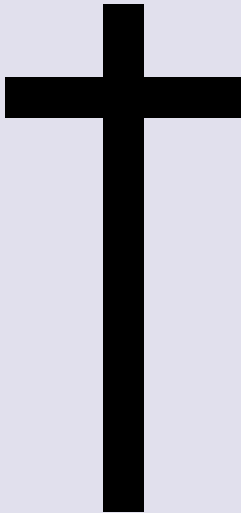
Elderly persons who may not have family support any more, seek the help from the Food Bank. Food packs are financed through donations of money and food. The cold weather is now

at its peak, when especially the elderly, are trying to cope with keeping themselves warm by using gas or electricity heating. Living on a pension without any other means of income, increases the difficulties for such persons who are having problems to manage their financial situation.

ALPS wishes to ask you to assist as best as you can. We

want to help in such needy situations where help is sought. Therefore, with much courage we are again turning to you dear members and friends of the Association of Lyceum Past Students, to help us make a collection of non-perishable food items that can be collected from your address whenever you wish to call us on 2138 6812 or on 2258 7420 (during working hours) or via Secretary General of ALPS - Alex Borg on Mobile/SMS: 9988 8579. If you prefer to send an e-mail please do so on: alpsmalta@gmail.com. Alternatively, if you wish to deliver any food items that are being collected for the Food Bank, you can phone our Council member Anthony Buttigieg of 82 Moroni Street Gzira. Do please phone before going on tel: 2133 7242. We are quite confident, that this second appeal will not fall on deaf ears and you are going to favourably heed this request. And for this, we thank you in anticipation for your generosity and for your charitable support.

IN MEMORIAM



We always remember and pray for:
 Our Founder President: **Dr Guido Saliba LL.D.**, (who died on 7th December 2004)
Mrs Victoria Houlton [Friend of ALPS]
Mr Karl Gaffiero [Son Of Brigadier Claude Gaffiero]
Dr. Vincent Moran [M/Ship Number 267]
Prof Angelo Psaila (Liceo Past Student)
Vince Cachia (ALPS member who died 16th January 2019)

MAY, THEY ALL REST IN PEACE, AMEN



We also remember and pray, for all the sick and aged members and friends of ALPS, who have become house bound, or in a seniors retirement home or, who may have stopped driving and find difficulty in attending for the ALPS functions. We promise to keep them always in our thoughts and prayers. We also mention, that we wish to maintain a direct contact with each one. Our promise to make house visits is still open and anyone who wishes to receive a delegation for two council members to pay him a visit, we shall expect a call from you on 9988 8579 / or e-mail: alpsmalta@gmail.com. Every communication shall be acknowledged and a suitable time and date can be arranged.

A Tribute to a Lyceum Past Student – Dr Censu Moran

Doctor Vincent Carmel Moran was a dedicated physician who, come rain or shine attended urgently to the needs of his clients oftentimes paid with a handshake only. Born in Cospicua in 1932 of John and Carmela nee Debono he was educated at the Lyceum and graduated MD at the Royal University of Malta in 1958. As from his student days he supported the Labor party and was first elected to the Malta Legislative Assembly in 1962

and won a place at each of the seven elections held until 1996. Appointed Minister of Health for the first time in 1976 he was faced within his first year in office, with the Medical Association of Malta and the British Medical Association (Malta) strike action that officially lasted ten years. Quoting from the 'Foreword' which he wrote in my book *The Medical Strike 1977-1987 Revisited 2017* he 'applauded the end of the Colonial mentality that still



existed after thirteen years of Independence' and forged ties with other European and Asian medical centres and schools that not only benefitted the health of Maltese and Gozitan people but established new centres of training for our medical students.

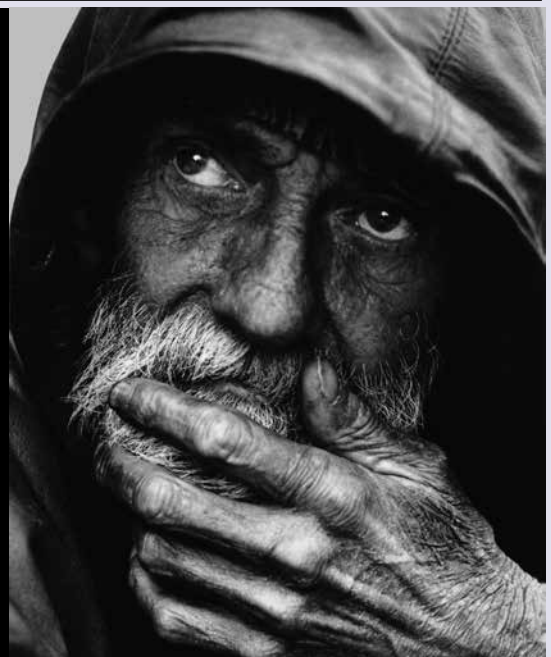
Indeed, through his efforts the local medical practice forged ahead paving the way for the building of the Mater Dei Hospital.

Written by: Dr. Nazzareno Azzopardi MD., MA., FFARCS., LP.

A Thought for this Month...

*One small crack does not mean
that you are broken.*

*It means, that you were put to the test
and you didn't fall apart*





ALPS Cruise Holiday for this year 2019

Our members and friends start looking forward to an annual holiday in the company of ALPS council members. Such a holiday of course, is always open to all of our association members with family and friends. We have planned and negotiated with the tour company SMS Mondial, a very attractive Malta to Malta Mediterranean cruise on Mein Schiff Hertz, at attractive and affordable prices for all those who may decide to join us this year. We shall be sailing from

23rd September 2019 and visiting ports of call like Ajaccio in Corsica, Porto Torres in Sardinia, Civitavecchia in Rome and Naples. A very interesting holiday cruise, on **ULTRA ALL-INCLUSIVE** including shore excursions, selected drinks, gratuities that are all covered in the price. An early booking reduction may still be available at €50.00 discount per person, that shall be discounted from the price of cabins allocated exclusively for ALPS members and friends. We do recommend

that you avail yourselves of this advantageous offer on cabins by making your early reservations, to come joining the ALPS happy group for another super holiday. We certainly know how to enjoy our holidays and with you being with us, it should be even nicer. Details of this cruise are shown on back page of this newsletter. You may ask for a flyer advert with full details and we shall be very happy to post to you a copy, if you phone or SMS Alex Borg on 9988 8579 or e-mail: alpsmalta@gmail.com

ALPS Organizes Movie Nights at 'White Light Pictures'

We are still compiling a schedule of Movies for this year at White Light Pictures. This will be published in the next edition of ALPS news, with dates and time of every film show. During the past year, we have seen a sizeable number of our members and friends, come to watch a movie show that had been chosen. Perhaps, for this year we can receive an idea of what you may prefer by way of title or subject of any particular film. We encourage you to write to Secretary General with ideas that can assist in preparing with White Light Pictures, a full program for 2019. We listen to every suggestion because we wish to see you enjoy movies that are of your choice. At this venue, you shall be having a welcome drink before the show. And for those of you who may prefer wine, beer and soft drinks after the show, the venue has a fully stocked cash bar offering many types of products. White Light Pictures is fully air-conditioned and also has fresh air circulation.

Good Material for all ages...

Enjoy this. It's neat. You'll laugh a bit as you continue to read to the end...

As I've aged, I've become kinder to, and less critical of, myself. I've truly become my own friend. I have seen too many dear friends leave this world, too soon before they understood the great freedom that comes with aging.

Whose business is it, if I choose to read, or play on the computer until 4am? I will dance with myself to those wonderful tunes of the 60s, 70s & 80s, and if I, at the same time, wish to weep over a lost love, I will. I know I am sometimes forgetful. But then

again some of life is just as well forgotten and, eventually, we remember the important things.

Sure, over the years, my heart has been broken. How can your heart not break, when you lose a loved one, or when a child suffers, or even when somebody's beloved pet gets hit by a car? But broken hearts are what give us strength, and understanding, and compassion. A heart never broken, is pristine, and sterile, and will never know the joy of being imperfect.

I am so Blessed to have lived enough to have my hair turning grey, and to have my youthful laughs be forever etched into grooves on my face. So many

have never laughed, and too many have died before their hair could turn silver.

As you get older, it is easier to be positive. You care less about what other people think. I don't question myself anymore. I've even earned the right to be wrong.

So, to answer your question, I like being older. It has set me free. I like the person I have become. I am not going to live forever, but while I am still here, I will not waste time lamenting what could have been, or worrying about what will be. And I shall eat dessert every single day (if, I feel like it).

- Author Unknown

Laughter is the Best Medicine

Life after death...

A boss asked one of his new employees....

"Do you believe in life after death?"

"Yes Sir" replied the new employee...

"I thought you would" said the boss...

"Yesterday, after you left to go to your Grandmother's funeral, she came here to see you at your new place of work!"



ALPS


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& NAPLES**


DATE	PORT	ARR	DEP
Day 1	Valletta, Malta	-	22:00
Day 2	At Sea	-	-
Day 3*	Ajaccio/Corsica, France	08:00	22:00
Day 4*	Porto Torres/Sardinia, Italy	08:00	19:00
Day 5	Civitavecchia/Rome, Italy	07:00	20:00
Day 6	Naples, Italy	08:00	19:00
Day 7	At Sea	-	-
Day 8	Valletta, Malta	04:30	-

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BALCONY B
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 PER PERSON

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€1669
 PER PERSON

EXCURSIONS (INCLUDED)

- Ajaccio - The Gorge of Prunelli, Porto Torres - Alghero, Porto Torres - Castelsardo, Civitavecchia - Rome, The Eternal City & Naples - Sorrento

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**FOR BOOKINGS KINDLY CONTACT
MS VICTORIA BATTISTINO
AT OUR VALLETTA BRANCH ON 22776018**

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